

School & Sports *summer camp*



Capitán Cook

Let's
have a
great
summer!



INFORMATION
Start of camp

2026



What is School & Sports?

School & Sports is the **Liceo Europeo's** summer camp for children aged 1 to 12 (2014-2024), running from June 22 to July 24.

A summer in Madrid full of adventures: sports, age-appropriate activities, and English immersion with bilingual teachers.

*Instructors for specialized activities may speak to students in Spanish.

Learn, play, and discover as if traveling to another world... without leaving the city!

activities

Get ready to enjoy activities such as swimming, soccer, dance, mini tennis, paddle tennis, basketball, skating, mini golf, archery, adventure and psychomotor activities, traditional games, combined with outdoor games, bouncy castles, trampolines, electric buggies, artistic and multisensory workshops, crafts, etc.

*Activities subject to conditions and weather permitting.



Schedule

Activities begin at 9 a.m. and end at 5 p.m. To accommodate parents' schedules, the school remains open between 7:30 a.m. and 5:30 p.m.

Vehicle access

*Between 8:30 a.m. and 9:30 a.m. and 4:00 p.m. and 5:30 p.m., traffic on Camino del Sur will be one-way towards Conde de los Gaitanes.

Families arriving between 9:15 a.m. and 4:15 p.m. should go to the school office to drop off or pick up their children. Parent access will be limited, and access to classrooms will not be permitted. Teachers will accompany students when they are dropped off and picked up.

Pedestrian access

Families using the pedestrian access points will enter through the gate on Camino del Sur and must leave the school grounds via the path leading to the paddle tennis courts.

The pedestrian access in the El Encinar area (roundabout at Paseo de los Parques and Vereda del Palacio) will also remain open between 8:00 a.m. and 9:15 a.m. and between 4:30 p.m. and 5:30 p.m. for families arriving on foot. Please avoid crowding to ensure a smooth start to the day.

Ages 1 to 5

Born 2020 to 2024

Before 9:00 a.m., preschool children (born between 2024 and 2020) will be gathered in the school dining room, according to their age/group. The same applies if you arrive to pick them up after 5:00 p.m.



Identification

Upon arrival, we will provide all students with an identification bracelet bearing their name, group, allergies, and, if they are registered for the shuttle service, the shuttle number. Please keep the bracelet on until the end of the summer course.



Early Departures

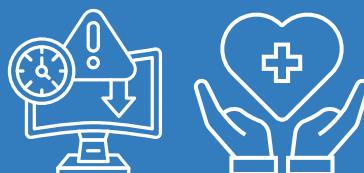
To ensure proper organization and compliance with internal safety measures, early departures must be communicated in advance by email to secretaria@liceo-europeo.edu.es, indicating the student's name, surname, grade, and group.

In the case of Infant and Primary students, it will be essential to specify the persons authorized to pick them up, in order to guarantee safety at all times.

Nursing Service

The school has a permanent nursing service, responsible for attending to any health needs throughout the day.

If a student needs to receive medication or scheduled treatment, families must contact secretaria@liceo-europeo.edu.es. This procedure is mandatory in order to administer any medication during camp hours.



School Bus Service

Families must notify the Secretariat of any occasional or continued absence from the route service. If no notification is given, it will be assumed that the student will use the transport service as normal. The route selection is formalized during the camp registration process.

New - Accessing the app

The BatOnRoute app will allow families to track your selected route. The app must be downloaded from the Apple Store or Google Play under the name:

BatOnRoute - Safe

Families will receive login credentials for the platform via email, which they must use to activate their account. Please check your spam folder if this email does not arrive in your inbox.

Benefits for Families

Using this app will allow families to access up-to-date information and relevant notifications about school transportation, including:

- Notifications when the bus is approaching the assigned stop.
- Alerts in case of route delays, including information about the incident when available.
- The ability to notify the school of absences or changes to the route.
- Confirmation from the student that they have boarded the bus and arrived at school.

Support and contact

For any questions or issues, please contact: secretaria@liceo-europeo.edu.es





Pick up your welcome pack!

Before camp

Families can stop by Liceo Europeo to pick up their Welcome Pack, Monday through Thursday, from 10:00 a.m. to 4:00 p.m.

During camp

It will be provided to all participants who have not picked it up.

Each Welcome Pack includes: a water bottle, T-shirt, and backpack.



We have everything for the little ones

The school will provide diapers and wipes for those who need them. Children who use pacifiers, blankets, stuffed animals, etc. may bring them to school if they wish.

Children born between 2022 and 2024 will receive a schedule detailing the daily routines during the day.



Menu

Aware that nutrition is essential in the early stages of growth, the Center adapts to the development and personal autonomy of children, respecting each child's pace and supporting those who have greater difficulty caring for themselves.

Early Years (ages 1 to 5 | 2020 - 2024):

Between 9:30 a.m. and 10:30 a.m., they receive breakfast: milk and cookies.

Between 12:00 p.m. and 1:30 p.m., lunch is served.

Around 4:00 p.m., a snack is served: assorted sandwiches and juice.

A mid-morning snack is provided.

Primary and Secondary (2014 - 2019):

Lunch is served between 12:30 p.m. and 2:30 p.m. in different shifts according to age.

Around 4:30 p.m., an afternoon snack is provided: assorted sandwiches.

There are alternative daily menus adapted to special diets and dietary requirements, as well as for students with allergies or intolerances to certain foods. Water and fruit are always available.

Menú 2026

| L | M | X | J | V |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>22</p> <p>Coditos con tomate <i>Whole wheat macaroni with tomato sauce</i></p> <p>*</p> <p>Albóndigas a la jardinera <i>Meatballs with vegetables</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>23</p> <p>Crema de calabacín y puerros <i>Courgette and leek cream soup</i></p> <p>*</p> <p>Merluza a la andaluza con ensalada <i>Andalusian-style hake with salad</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>24</p> <p>Sopa de estrellitas con huevo picado <i>Star pasta soup with chopped egg</i></p> <p>*</p> <p>Cinta de lomo fresca con zanahorias y patatas fritas <i>Fresh pork loin with carrots and French fries</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>25</p> <p>Arroz a la cubana <i>Cuban-style rice</i></p> <p>*</p> <p>Tortilla de pavo con ensalada <i>Turkey omelette with salad</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>26</p> <p>Lentejas estofadas <i>Stewed lentils</i></p> <p>*</p> <p>Pollo asado con patata cocida <i>Roast chicken with boiled potatoes</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> |
| <p>29</p> <p>Arroz 5 delicias <i>Five Delights Fried Rice</i></p> <p>*</p> <p>Merluza al pomodoro con patatas fritas <i>Hake in tomato sauce with French fries</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>30</p> <p>Crema de zanahoria y puerro <i>Carrot and leek cream soup</i></p> <p>*</p> <p>Lomo a la plancha con guarnición de ensalada <i>Grilled pork loin with salad garnish</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>1</p> <p>Sopa de picadillo con estrellitas <i>Chicken and egg soup with star pasta</i></p> <p>*</p> <p>Pollo al limón con patata cocida <i>Lemon chicken with boiled potatoes</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>2</p> <p>Brócoli con patatas <i>Broccoli with potatoes</i></p> <p>*</p> <p>Ragut en salsa con verduras <i>Beef stew in sauce with vegetables</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>3</p> <p>Tallarines integrales boloñesa <i>Whole wheat tagliatelle Bolognese</i></p> <p>*</p> <p>Tortilla de patatas <i>Spanish potato omelette</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> |
| <p>6</p> <p>Lentejas a la riojana <i>Rioja-style lentils</i></p> <p>*</p> <p>Filete ruso con tomate y patatas fritas <i>Russian-style beef patty with tomato sauce and French fries</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>7</p> <p>Paella de pollo y verduras <i>Chicken and vegetable paella</i></p> <p>*</p> <p>Huevos revueltos con atún y ensalada <i>Scrambled eggs with tuna and salad</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>8</p> <p>Espaguetis integrales carbonara <i>Whole wheat spaghetti carbonara</i></p> <p>*</p> <p>Pescadilla frita con ensalada <i>Fried whiting with salad</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>9</p> <p>Crema vichyssoise <i>Vichyssoise soup</i></p> <p>*</p> <p>Pollo en salsa pepitoria y patatas cocidas <i>Chicken in pepitoria sauce with boiled potatoes</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>10</p> <p>Sopa de ave <i>Whole wheat chicken noodle soup</i></p> <p>*</p> <p>Lomo asado a la mostaza y miel <i>Roast pork loin with honey mustard sauce</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> |
| <p>13</p> <p>Crema de verduras <i>Vegetable cream soup</i></p> <p>*</p> <p>Merluza a la andaluza con ensalada <i>Andalusian-style hake with salad</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>14</p> <p>Macarrones integrales con tomate y queso <i>Whole wheat macaroni with tomato and cheese</i></p> <p>*</p> <p>Jamón asado con patatas fritas <i>Roast ham with French fries</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>15</p> <p>Sopa de estrellitas y huevo picado <i>Star pasta soup with chopped egg</i></p> <p>*</p> <p>Tortilla francesa de queso con ensalada <i>Cheese omelette with salad</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>16</p> <p>Alubias blancas <i>White beans</i></p> <p>*</p> <p>Filetes de lomo con verduras <i>Pork loin fillets with vegetables</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>17</p> <p>Arroz con verduras <i>Rice with vegetables</i></p> <p>*</p> <p>Pollo al chilindrón con patata cocida <i>Chicken chilindrón with boiled potatoes</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> |
| <p>20</p> <p>Crema de calabacín <i>Courgette cream soup</i></p> <p>*</p> <p>Ragut en salsa con patata cocida <i>Beef stew in sauce with boiled potatoes</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>21</p> <p>Arroz a la cubana <i>Cuban-style rice</i></p> <p>*</p> <p>Pollo al ajillo con patatas fritas <i>Garlic chicken with fries</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>22</p> <p>Sopa de picadillo <i>Chicken and egg soup</i></p> <p>*</p> <p>Merluza frita con ensalada <i>Fried hake with salad</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>23</p> <p>Crema de calabacín <i>Courgette cream soup</i></p> <p>*</p> <p>Ragut en salsa con patata cocida <i>Beef stew in sauce with boiled potatoes</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> | <p>24</p> <p>Espaguetis boloñesa <i>Spaghetti Bolognese</i></p> <p>*</p> <p>Tortilla de patatas con ensalada <i>Spanish potato omelette with salad</i></p> <p>*</p> <p>Fruta de temporada <i>Seasonal fruit</i></p> |

* Palm oil-free menu.

* The criteria established by Spanish Law 17/2011 of 5 July on Food Safety and Nutrition are applied, reducing the consumption of foods and beverages high in sugars.

* Information on allergens for all our dishes is available from the School Office. Registered Dietitian-Nutritionist No. CV 01965.



Choose your camp type

After the activity, students return to Liceo Europeo, have lunch, and join in the rest of the camp activities. Mid-morning snack: sandwich or energy bar + juice (provided by the school).

Soccer

€120/week - Limited places | Ages 5 and up

Kindergarten (2020): Activity on Liceo Europeo soccer field, from 10:00 a.m. to 12:00 p.m. Afterwards, they will join in with the rest of the camp activities.

Primary School (2014 - 2019): Activity at the Valdelasfuentes sports center soccer field (Alcobendas), from 10:00 a.m. to 12:30 p.m. Afterwards, they will return to the European School for lunch and to join the rest of the camp.

Transportation: All trips will be made by bus and accompanied by monitors and coaches.

Required equipment: each student must bring their soccer boots and sportswear specific to the activity in a bag, as well as clothing for the rest of the camp day. Mid-morning snack: sandwich or energy bar + juice.

Tennis

€120/week - Limited places | For Primary school students (2014 - 2019)

Monday to Friday, from 10:30 a.m. to 12:30 p.m. At the Valdelasfuentes sports center (Alcobendas), subject to availability. Transportation and supervision: bus transportation, accompanied by monitors and coaches.

Liceo & Skook Gourmet

Del 22 de junio al 17 de julio

€120/week | €20/once a week (Gourmet Hour) - Limited places
For Primary school students (2014 - 2019)

The activity will take place on the Liceo Europeo campus, in the Skook Food Studio culinary space, for students in Primary.

Participants will be provided with all the necessary materials to prepare the recipes, whose themes will vary each week (Pastry Me, Cooking the World, Deliciously Healthy, and Skook Camp Challenge).



Special events

Overnight Stay

What is it?

During the first four weeks of camp, students born between 2014 and 2020 will be able to participate in the overnight activity, which will take place on Thursday night. In the first and second weeks of July, two overnight stays will be offered, on Wednesday and Thursday (subject to conditions).

At the end of the day on Thursday, the counselors will pick up the registered students and stay with them at all times. During the afternoon of the following day, they will continue with the usual camp activities, guided by specialized counselors.

Registration

Registration will be done using a form that will be sent at the beginning of each week, available from 3:00 p.m.

Limited spots

Activities included

Team games, gymkhana, snack, dinner, and a summer movie session. The following morning, students will have breakfast consisting of churros, milk, cookies, cake, fruit, and toast. After breakfast, the monitors will accompany each student to their group to continue the day on Friday as normal. Meals will be adapted to accommodate allergies and intolerances.

Communication during the overnight stay

Communications will be sent to families via a WhatsApp mailing list managed by Liceo Europeo, in compliance with the GDPR. If you do not agree to this, please contact privacidad@liceo-europeo.edu.es. An emergency telephone number will be provided.



What do they need to bring?

Comfortable clothing and sports shoes, and all items of clothing should be labeled with your first and last name to prevent them from getting lost.

The backpack should include a toiletries bag, shower towel, sleeping bag, flashlight, pajamas, clothes for the next day, hat, sunscreen, water bottle, and medication (if necessary).

Special Events

Family Day

When?

Every Thursday afternoon, there will be a Family Day for School & Sports families, open to children aged 3 and up, along with their immediate family members.

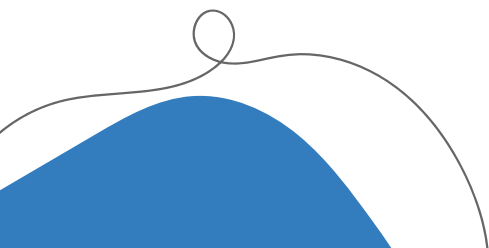
Schedule

Family Day will be held from 5:15 p.m. to 6:30 p.m. During this time, attendees can enjoy Aqua Splash as many times as their assigned time slot allows, depending on the number of users present that day.

Registration

Participation in this event requires prior registration using a form that will be sent at the beginning of each week of camp and will be available from 3:30 p.m. Each attendee must complete their own form; guests are not allowed to register additional family members on their behalf.

*It is important to remember that signing up for Family Day does not automatically mean you are registered for the sleepover, nor does registering for the sleepover guarantee a place for Family Day. These are separate activities and each requires its own form. We recommend that registration for both activities does not coincide during the same week, so that students can fully enjoy each one.





Practical information about other activities

Roller & Dance (2014 - 2017)

Aimed at students in grades 3 through 6. Students may bring their own skates and must wear a helmet and protective gear on their knees, elbows, and hands. Bags may remain at school throughout the week, provided they are clearly labeled with the student's first and last name.

Paddle tennis (2014 - 2021)

Activity available for students from Prek4. The school provides the rackets, although students can bring their own if they wish.

Mini tennis (2014 - 2019)

For students born between 2019 and 2014. The school provides the rackets, but students can use their own if they wish.

Archery (2014 - 2019)

Available for students from Year 1 Primary (born in 2019 or later). Students will practice their aim with adapted bows and targets provided by the school.

Skills & Leisure

Themed parties

Every week there will be a different party: Water Party, San Fermín, Holi Party, Jungle Party, and Flower Party. Details will be announced in due course.

Fairground games (2014 - 2019)

For students born between 2019 and 2014, with traditional and recreational activities that promote coordination and teamwork.

Bouncy Castles

Aimed at Early Years students, in a safe space to play and jump around to their hearts' content.

Sensory Workshops (2020 - 2024)

For preschool students, with multisensory activities that stimulate curiosity and experimentation.

Aqua Splash (2014 - 2021)

Available for students from Prek 4 (4 years old). Students will enjoy the most refreshing slide of the summer.

Trampolines (2014 -2021)

For students from Prek 4 (4 years old), with activities that develop motor skills through games and jumping.

Music workshop (2014 -2021)

For students from Prek 4 (4 years old). They explore musical creation with the Orff methodology, tablets, and instruments such as the electric drum kit.

Paintball (2014 - 2016)

Activity adapted for students from Year 4 to Year 6 Primary. The school provides the necessary protective equipment to ensure safe enjoyment.

And much more!

Camp essentials

Below is a list of the materials needed to participate in the various camp activities and services. We recommend that all belongings be labeled with your first and last name.

General equipment for all students

*The center will provide armbands and diapers in the pool area, as well as protective gear, safety equipment, and helmets for activities that require them (Adventure Area and Buggies).

Backpack

Cap
Sunscreen
Water bottle
Towel
Swimming goggles (optional)
Change of clothes (born between 2022 and 2024)
Swimsuit
Pool shoes
Swimming cap

Soccer clinic

Soccer boots (with studs)
Sportswear specific to the session
An extra change of sportswear for the rest of the day

Tennis clinic

Racket (if you don't have one, the camp will provide equipment)
Sportswear specific to the activity
An extra change of sportswear for the rest of the camp

Overnight stay

Flashlight
Pajamas
Change of clothes for the next day
Sleeping bag
Toiletries bag with toothbrush and toothpaste



Additional recommendations

Each family may include in the participant's backpack any items they consider necessary based on common sense, especially for younger children (for example, toys or pacifiers if they use them).

If a student is undergoing medical treatment, the medication must be placed in the backpack, accompanied by the corresponding prescription.

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